

Communion at FOCUS

Every Sunday at FOCUS we celebrate the Lord's Table, also known as Communion. We have open communion, which means you do not have to be a member to receive with the rest of the church congregation. Please note, upon your request, we also have gluten free elements for those with gluten and other major food allergies. For a list of ingredients, please see Linda Griffith.

"Forgotten God" - 10AM

Adult Sunday School

We invite you to come and join the Adult Sunday School class as they study the power and ministry of the often overlooked third person of the Trinity, The Holy Spirit.

Monday Afternoon

Discussion Group - 2:30PM

We would love to have you join us on Monday afternoons for a discussion group led by Andy and Linda Griffith. **The group will be meeting at the Upbeat Café located at 117 N. Broadway Street, Georgetown, KY.** All ages are welcome to be a part of the discussion. Come enjoy some great fellowship, coffee, treats, and thought provoking conversation with us!

FOCUS Wesleyan Church

115 N. Water Street

Georgetown, KY 40324

info@focuswesleyan.org

www.focuswesleyan.org

[https://www.facebook.com/](https://www.facebook.com/focuswesleyan)

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FOCUS

WESLEYAN CHURCH



WELCOME



Been hurt? (when stuff happens)

By Ed Rotz

Being a human means you are going to be hurt. Getting hurt is an inescapable and disagreeable part of what it means to be a human being. Humanity = hurt. It's a package deal. When it happens—whether through a betrayal, a negligence, harsh words, a loss, a separation, an accosting (whether intentional or unintentional)—the hurt cannot be undone. There are no CNTR+ALT+DELETE keys to escape, reboot, and get past that which caused the wound, the pain, the heartache.

Now a hard decision needs to be made. Do you want to spend the rest of your life with a pain that you did not deserve to get in the first place? Or do you want to be rid of it, healed, and freed from it so that you can go on with your life without that painful memory shadowing you?

Good questions.

There is a way. It's the only way. It can be boiled down to one word: forgiveness.

"Forgive each other as God in Christ forgives you."

"The only remedy for irreversibility of history," says Hannah Arendt, "is the faculty of forgiving."

Lewis Smedes observed, "The first person who gets the benefit of forgiving is always the person who does the forgiving. When you forgive a person who wronged you, you set a prisoner free, and then you discover that the prisoner you set free is you."

Been hurt? Then set a prisoner free. Forgiving is seldom easy, but it opens the door to freedom and healing.

Rev. Ed Rotz is district superintendent for the Kansas District of The Wesleyan Church.

FOCUS Wesleyan Church

April 10, 2016

Story of Joseph - Life in the Pit

Main passage: Genesis 37:12-36

1) Joseph grew through

Notes:

2) Unresolved _____ leads to _____

James 3:13-16

Notes:

3) The _____ happens to

Genesis 50:20

Notes:

4) _____ leads to

Romans 5:3-5

Notes:

Reflection: What is one new thing you believe God spoke to you today as a result of being at FOCUS?

What is your **next step**? Is there anyone in your life that you have been jealous of? What "pit" have you been in, or are you in currently today? Will you trust that God is sovereign in your life even while you are in the pit? Is there anyone who has hurt you that you are feeling led to forgive? What steps will you take this coming week to trust God in the midst of the pit, and forgive those who have hurt you?